




# THE MENU



# SPRING

A STAR ALLIANCE MEMBER 

# FRESH FOOD & SNACK DEALS

## BREAKFAST OF THE DAY

Orange juice, sandwich, yoghurt and cereal.  
Coffee or tea. Served until 9.00 AM

**DKK 65 NOK 70 SEK 70 € 8 EB-POINTS 1400**

**PRE-ORDER  
BREAKFAST  
NEXT TIME**

Read more below

## POLAR DEAL

(served on selected flights)  
Sourdough thin bread with cheese or ham, served with:

Crafted Beer by Mikkeller  
**DKK 70 NOK 80 SEK 80 € 9 EB-POINTS 2200**

Mineral water or soft drink  
**DKK 45 NOK 55 SEK 55 € 6 EB-POINTS 1400**

**SPECIAL OFFER**

## SNACK DEAL

Smoothie and nut mix

**DKK 30 NOK 40 SEK 40 € 5 EB-POINTS 1200**

**SPECIAL OFFER**

## POLARRULLE

(served on selected flights)  
Sourdough thin bread from northern Sweden with  
your choice of topping; Wästgöta Kloster cheese  
or alderwood smoked ham.

**DKK 30 NOK 35 SEK 35 € 4 EB-POINTS 800**

# COLD DRINKS

## JUICE

Apple juice from Ringi. Made in Norway from Aroma  
apples which has a rich flavor and a crisp finish.

**DKK 25 NOK 30 SEK 30 € 3 EB-POINTS 700**

**NEW**

## SMOOTHIES

Starfruit, yuzu

**DKK 20 NOK 25 SEK 25 € 3 EB-POINTS 600**

Strawberry, banana, guava

**DKK 20 NOK 25 SEK 25 € 3 EB-POINTS 600**

## MINERAL WATER

Sparkling / still

**DKK 20 NOK 25 SEK 25 € 3 EB-POINTS 600**

## SOFT DRINKS

Coca Cola / Coca Cola Zero / Sprite

**DKK 20 NOK 25 SEK 25 € 3 EB-POINTS 600**

**PRE-ORDER  
NEXT TIME**

## PRE-ORDER ONLINE

Pre-order your breakfast before departure next time. On longer flights we offer a wider range of meals when you order in advance. Depending on flight and destination we offer meals such as cold lunch and dinner as well as a kids meal. Read more about our services on sas.se.

## BAR



## SPECIAL OFFER

## BEER DEALS

One beer with potato chips or salted almonds

Crafted Beer by Mikkeller

**DKK 65 NOK 75 SEK 75 € 9 EB-POINTS 2000**

Carlsberg Beer

**DKK 55 NOK 65 SEK 65 € 7 EB-POINTS 1700**

## SAS SELECTED

## SAS SELECTED RED WINE

2015 Montenero Zinfandel, Italy

The Montenero has a very nice balance between rich and concentrated fruit and good acidity and elegance. 100% Zinfandel (18,7 cl)

**DKK 70 NOK 80 SEK 80 € 9 EB-POINTS 1800**



## SAS SELECTED

## SAS SELECTED BEER

Crafted beer by Mikkeller

Plane Ale is made especially for SAS. This crisp IPA is filled with aromas of caramel, grassy hops and a hint of pine. Enjoy in its right element, up in the air.

**DKK 55 NOK 65 SEK 65 € 7 EB-POINTS 1400**

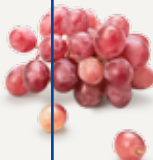


## SAS CLASSIC WINE

**WHITE WINE** 2016 Keerom Chardonnay, South Africa, 100% Chardonnay (18,7 cl)

**RED WINE** 2015 Pietro di Campo Barbera, Italy, 100% Barbera (18,7 cl)

**DKK 60 NOK 70 SEK 70 € 8 EB-POINTS 1600**



## BEER

Carlsberg beer

**DKK 40 NOK 50 SEK 50 € 6 EB-POINTS 1100**



COFFEE AND TEA IS ALWAYS FREE

## SNACKS &amp; SWEETS



## NEW

## SOMETHING SWEET

Marabou milk chocolate bar

**DKK 20 NOK 25 SEK 25 € 3 EB-POINTS 600**

Speedy Tom chocolate bar with protein 20% protein, 161 kcal, superfruits, gluten free

**DKK 25 NOK 30 SEK 30 € 3 EB-POINTS 700**

Cookies, a mix of three hand baked biscuits

**DKK 20 NOK 25 SEK 25 € 3 EB-POINTS 600**

Kvikk Lunsj chocolate covered wafers (available on flights within Norway)

**DKK 20 NOK 25 SEK 25 € 3 EB-POINTS 600**



## NEW

## SOMETHING SAVORY

Salted almonds, dry roasted

**DKK 20 NOK 25 SEK 25 € 3 EB-POINTS 600**

Nut mix, a combination of lightly roasted cashews, almonds, macadamia, pistachio and hazelnuts

**DKK 20 NOK 25 SEK 25 € 3 EB-POINTS 600**

Potato chips, potatoes of the season

**DKK 20 NOK 25 SEK 25 € 3 EB-POINTS 600**



THE NORDIC COUNTRIES

## PLEASE NOTE

Exceptions may occur on very short flights. For exceptions, please ask your cabin crew.  
For payment details, see the back of the menu.

# FRESH FOOD

## BREAKFAST OF THE DAY

Orange juice, sandwich, yoghurt and cereal.  
Coffee or tea. Served until 9.00 AM

**DKK 65 NOK 70 SEK 70 € 8 EB-POINTS 1400**

## SALAD OF THE DAY

Ask your cabin crew about today's favorite

**DKK 80 NOK 85 SEK 85 € 10 EB-POINTS 1900**



## PRE-ORDER NEXT TIME

We offer a wider range of meals if you pre-order.  
Read more below.

## SALAD DEAL

Enjoy a fresh salad with a glass of SAS classic wine or a Mikkeller beer

**DKK 115 NOK 130 SEK 130 € 15 EB-POINTS 3500**

**SPECIAL OFFER**

## PIZZA MARGHERITA

Tomato and mozzarella cheese pizza, served warm

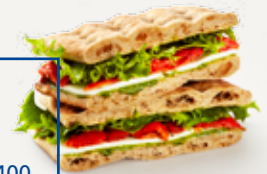
**DKK 50 NOK 55 SEK 55 € 6 EB-POINTS 1200**



## SANDWICH OF THE DAY

Ask your cabin crew about today's favorite

**DKK 55 NOK 65 SEK 65 € 7 EB-POINTS 1400**



# COLD DRINKS

## JUICE

Apple juice from Ringi. Made in Norway from Aroma apples which has a rich flavor and a crisp finish.

**DKK 25 NOK 30 SEK 30 € 3 EB-POINTS 700**



**NEW**

## SMOOTHIES

Starfruit, yuzu

**DKK 20 NOK 25 SEK 25 € 3 EB-POINTS 600**

Strawberry, banana, guava

**DKK 20 NOK 25 SEK 25 € 3 EB-POINTS 600**



## SOFT DRINKS

Coca Cola / Coca Cola Zero / Sprite

**DKK 20 NOK 25 SEK 25 € 3 EB-POINTS 600**



## MINERAL WATER

Sparkling / still

**DKK 20 NOK 25 SEK 25 € 3 EB-POINTS 600**



**PRE-ORDER NEXT TIME**

## PRE-ORDER YOUR MEAL ONLINE

Pre-order your meal before departure for a greater fresh food range. We offer breakfast, a cold lunch and dinner as well as a kids meal depending on flight destination. Read more about our services on sas.se.



## BAR



## SPECIAL OFFER

## BEER DEALS

One beer with potato chips or salted almonds

Crafted Beer by Mikkeller

**DKK 65 NOK 75 SEK 75 € 9 EB-POINTS 2000**

Carlsberg Beer

**DKK 55 NOK 65 SEK 65 € 7 EB-POINTS 1700**

## SAS SELECTED

## SAS SELECTED RED WINE

2015 Montenero Zinfandel, Italy

The Montenero has a very nice balance between rich and concentrated fruit and good acidity and elegance. 100% Zinfandel (18,7 cl)

**DKK 70 NOK 80 SEK 80 € 9 EB-POINTS 1800**



## SAS SELECTED

## SAS SELECTED BEER

Crafted beer by Mikkeller

Plane Ale is made especially for SAS. This crisp IPA is filled with aromas of caramel, grassy hops and a hint of pine. Enjoy in its right element, up in the air.

**DKK 55 NOK 65 SEK 65 € 7 EB-POINTS 1400**



## SAS CLASSIC WINE

**WHITE WINE** 2016 Keerom Chardonnay, South Africa, 100% Chardonnay (18,7 cl)

**RED WINE** 2015 Pietro di Campo Barbera, Italy, 100% Barbera (18,7 cl)

**DKK 60 NOK 70 SEK 70 € 8 EB-POINTS 1600**



## BEER

Carlsberg beer

**DKK 40 NOK 50 SEK 50 € 6 EB-POINTS 1100**



## NEW

## DRINKS &amp; AVEC

Gin & Tonic / Bloody Mary / Whiskey & Coke

**DKK 80 NOK 95 SEK 95 € 11 EB-POINTS 2200**

Mackmyra Whiskey / Moyet Cognac / Baileys / Mikkeller Vodka / HaraHorn Gin

**DKK 60 NOK 70 SEK 70 € 8 EB-POINTS 1600**

## SPARKLING WINE

François Montand, Blanc de Blancs, Jura France (20cl)

**DKK 80 NOK 90 SEK 90 € 10 EB-POINTS 2000**



## SPECIAL OFFER

## SPARKLING FOR TWO

2 sparkling wine + 2 potato chips or salted almonds

**DKK 175 NOK 195 SEK 195 € 22 EB-POINTS 5200**

COFFEE AND TEA IS ALWAYS FREE

## SNACKS &amp; SWEETS



## NEW

## SOMETHING SWEET

Marabou milk chocolate bar

**DKK 20 NOK 25 SEK 25 € 3 EB-POINTS 600**

Speedy Tom chocolate bar with protein.

20% protein, 161 kcal, superfruits, gluten free

**DKK 25 NOK 30 SEK 30 € 3 EB-POINTS 700**

Cookies, a mix of three hand baked biscuits

**DKK 20 NOK 25 SEK 25 € 3 EB-POINTS 600**



## NEW

## SOMETHING SAVORY

Salted almonds, dry roasted

**DKK 20 NOK 25 SEK 25 € 3 EB-POINTS 600**

Nut mix, a combination of lightly roasted cashews, almonds, macadamia, pistachio and hazelnuts

**DKK 20 NOK 25 SEK 25 € 3 EB-POINTS 600**

Potato chips, potatoes of the season

**DKK 20 NOK 25 SEK 25 € 3 EB-POINTS 600**



EUROPE

## PLEASE NOTE

The serving on European flights below 80 minutes complies generally with the Nordic countries menu, please see previous page. Further exceptions may also occur on very short flights. For payment details, see the back of the menu.

# BAR

## SAS SELECTED

### SAS SELECTED RED WINE

2015 Montenero Zinfandel, Italy

The Montenero has a very nice balance between rich and concentrated fruit and good acidity and elegance. 100% Zinfandel (18,7 cl)

**DKK 70 NOK 80 SEK 80 € 9 EB-POINTS 1800**

### BEER DEALS

One beer with potato chips or salted almonds

Crafted Beer by Mikkeller

**DKK 65 NOK 75 SEK 75 € 9 EB-POINTS 2000**

Carlsberg Beer

**DKK 55 NOK 65 SEK 65 € 7 EB-POINTS 1700**

## SAS SELECTED

### SAS SELECTED BEER

Crafted beer by Mikkeller

Plane Ale is made especially for SAS. This crisp IPA is filled with aromas of caramel, grassy hops and a hint of pine. Enjoy in its right element, up in the air.

**DKK 55 NOK 65 SEK 65 € 7 EB-POINTS 1400**

### SAS CLASSIC WINE

**WHITE WINE** 2016 Keerom Chardonnay, South Africa, 100% Chardonnay (18,7 cl)

**RED WINE** 2015 Pietro di Campo Barbera, Italy, 100% Barbera (18,7 cl)

**DKK 60 NOK 70 SEK 70 € 8 EB-POINTS 1600**

### BEER

Carlsberg beer

**DKK 40 NOK 50 SEK 50 € 6 EB-POINTS 1100**

## NEW

### AVEC

Mackmyra Whiskey / Moyet Cognac / Baileys / Mikkeller Vodka / Harahorn Gin

**DKK 60 NOK 70 SEK 70 € 8 EB-POINTS 1600**

### DRINK DEAL

1 drink + 1 classic wine + 1 avec + 1 potato chips or salted almonds

**DKK 200 NOK 230 SEK 230 € 25 EB-POINTS 6000**

## SPECIAL OFFER

### SPARKLING WINE

François Montand, Blanc de Blancs, Jura France (20cl)

**DKK 80 NOK 90 SEK 90 € 10 EB-POINTS 2000**

### DRINKS

Gin & Tonic / Bloody Mary / Whiskey & Coke

**DKK 80 NOK 95 SEK 95 € 11 EB-POINTS 2200**

Vodka Orange

**DKK 70 NOK 80 SEK 80 € 9 EB-POINTS 1800**

## NEW

### SPARKLING FOR TWO

2 sparkling wine + 2 potato chips or salted almonds

**DKK 175 NOK 195 SEK 195 € 22 EB-POINTS 5200**

### HOT DRINKS

Coffee / tea

**DKK 20 NOK 25 SEK 25 € 3 EB-POINTS 600**

## PLEASE NOTE

Exceptions vary due to flight time and destination. For exceptions, please ask your cabin crew.  
For payment details, see the back of the menu.

# COLD DRINKS

## SMOOTHIES

Starfruit, yuzu  
**DKK 20 NOK 25 SEK 25 € 3 EB-POINTS 600**

Strawberry, banana, guava  
**DKK 20 NOK 25 SEK 25 € 3 EB-POINTS 600**

## JUICE

A glass of orange juice / apple juice

**DKK 10 NOK 10 SEK 10 € 1 EB-POINTS 200**

## SOFT DRINKS

Coca Cola / Coca Cola Zero / Sprite

**DKK 20 NOK 25 SEK 25 € 3 EB-POINTS 600**

## MINERAL WATER

Sparkling / still

**DKK 20 NOK 25 SEK 25 € 3 EB-POINTS 600**

# SNACKS & SWEETS

## SWEET DEAL

Coffee or tea and a mix of three hand baked biscuits

**DKK 35 NOK 45 SEK 45 € 5 EB-POINTS 1200**

**SPECIAL OFFER**

## SOMETHING SWEET

Marabou milk chocolate bar  
**DKK 20 NOK 25 SEK 25 € 3 EB-POINTS 600**

Cookies, a mix of three hand baked biscuits  
**DKK 20 NOK 25 SEK 25 € 3 EB-POINTS 600**

Speedy Tom chocolate bar with protein.  
 20% protein, 161 kcal, superfruits, gluten free  
**DKK 25 NOK 30 SEK 30 € 3 EB-POINTS 700**

Haribo candy  
**DKK 20 NOK 25 SEK 25 € 3 EB-POINTS 600**

**NEW**

## SNACK DEAL

Soft drink with potato chips or Haribo candy

**DKK 35 NOK 45 SEK 45 € 5 EB-POINTS 1200**

**SPECIAL OFFER**

## SOMETHING SAVORY

Salted almonds, dry roasted  
**DKK 20 NOK 25 SEK 25 € 3 EB-POINTS 600**

Nut mix, a combination of lightly roasted cashews, almonds, macadamia, pistachio and hazelnuts  
**DKK 20 NOK 25 SEK 25 € 3 EB-POINTS 600**

Potato chips, potatoes of the season  
**DKK 20 NOK 25 SEK 25 € 3 EB-POINTS 600**

**NEW**

## PLEASE NOTE

Exceptions vary due to flight time and destination. For exceptions, please ask your cabin crew.  
 For payment details, see the back of the menu.





THE TABLE IS SET

## YOUR SERVING

## PLUS MENU

As a PLUS Traveler you're able to taste and explore more of the menu – all included with your ticket. See below what's served on your flight and feel free to ask your cabin crew about today's meal. Enjoy!

## WITHIN THE NORDIC COUNTRIES

### OUR SELECTED REFRESHMENTS FOR YOU

Our breakfast is served until 9.00 AM.  
During the rest of the day you are welcome to enjoy drinks and snacks of your choice. On selected flights we serve a fresh bite that comes in various shapes depending on the time of the day.

## OUTSIDE THE NORDIC COUNTRIES

### OUR SELECTED MENU FOR YOU

Our breakfast is served until 9.00 AM.  
During the rest of the day we serve a well-composed meal with drinks of your choice.

TASTE OF SCANDINAVIA  
INSPIRED BY THE WORLD

#### PLEASE NOTE

Exceptions may occur. The serving on European flights below 80 minutes complies generally with the Nordic countries menu. Further exceptions may also occur on very short flights. Please ask your cabin crew for details.

**PAYMENT DETAILS ALL FLIGHTS** You can pay on board by credit card, with cash in several currencies, or with EuroBonus points. See EB-points in the menu. It is not possible to combine cash and EuroBonus points. You earn EuroBonus points on your onboard

purchases when you pay with a EuroBonus card combined with Amex, Diners or MasterCard. Electronic cards are not accepted. Selection may vary according to route. Due to high sales on some routes, your first choice may be unavailable.